

G.S.METRO

The Andy Mallen Memorial Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

To be held Saturday 27th July 2019 2:00 pm - First rider 2:08 pm



Event Secretary

Mr Micky Mallen
The Hermitage
Rydal. AMBLESIDE
LA22 9LR
Tel : 0771 2532645
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Timekeepers

Ms Sharon Dyson
Mrs Ewa Johnson
Headquarters
Whalton Village Hall.
Whalton. Northumberland.
NE61 3XA

Course M26 (26 Miles (Hilly)) Course Record - C.Donaldson (GS Metro) 57:36 - (2016)

Belsay - Hartburn - Rothley Crossroads - Scots Gap - Belsay

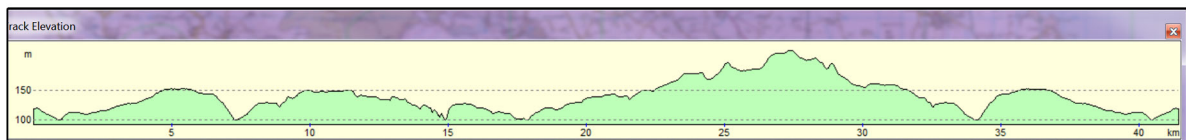
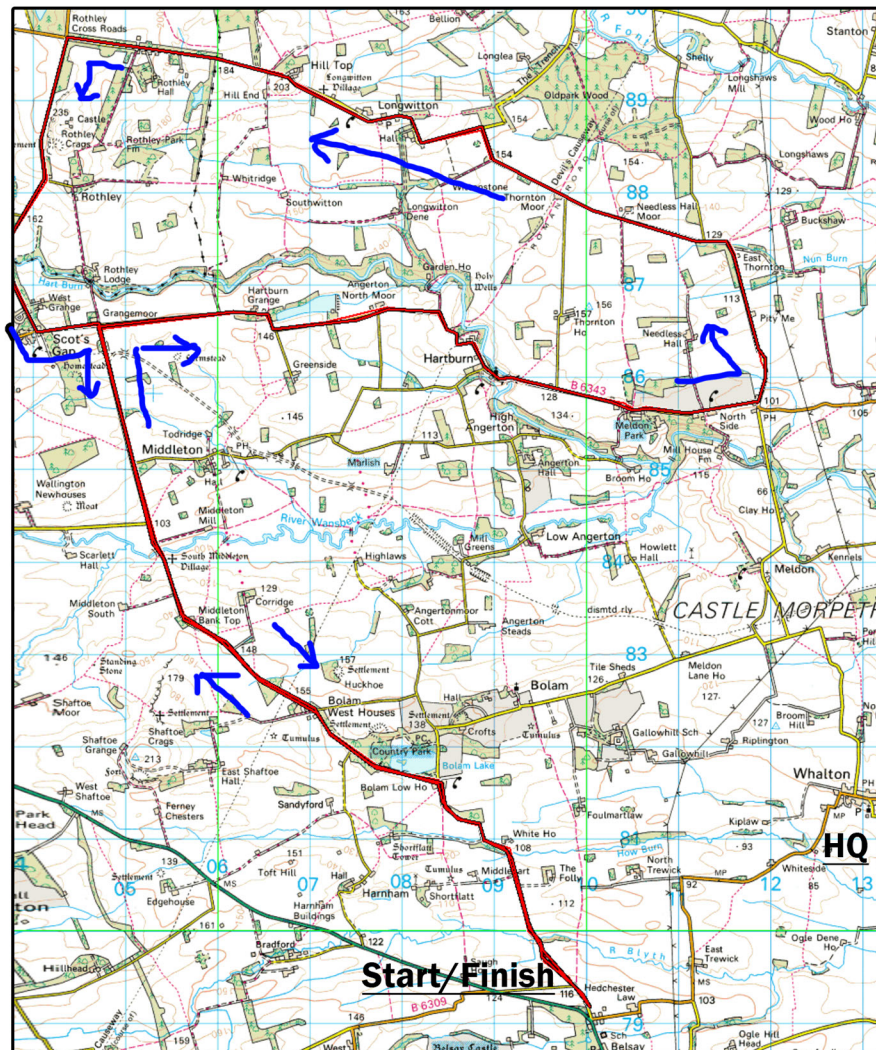
Start at Belsay on minor road 200 metres north of the junction with the A696 and B6524. Proceed north on minor road via Bolam Lake to junction with the B6343 (6.4 miles). Turn right on the B6343 through Hartburn to Dyke Neuk. Turn left on minor road and continue to T-junction. Turn left on minor road to Rothley Crossroads. Turn left on minor road to Scots Gap. Turn left in Scots Gap on the B6343, then first right on minor road in the direction of Belsay to Finish, opposite the start.

Please Note

Numbers and sign on are at Whalton Village Hall - Please show consideration for residents when in the village. Changing facilities and toilets are in the Hall.

Also - The start is 3 miles from the Headquarters - so allow ample to ride to the start

Course details



Safety notes:

*** Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.**

Riders:

*** Riders take extra care at T-junctions, at right hand turns, on steep descents with bends, through lightly built up area of Hartburn. This includes no cutting of corners!**

*** No U-turns to be made in the vicinity of the timekeeper.**

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet that conforms to recognised standards.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

IMPORTANT

Rules regarding Right hand turns are in place for this event. Scots Gap has TWO such turns - outward leg and return. We have nearly had accidents - not from cars, but riders hitting riders!!

Marshalls will be making note of dangerous and reckless CORNER CUTTING at this junction and this will lead to INSTANT DISQUALIFICATION. No leeway. The organisers decision is FINAL

On the return leg, please expect to lose approx 5 seconds or so by slowing down,braking, and taking this corner legally and SAFELY. The seconds lost will be worth far less than skin, bike damage and prizes due to an accident ordisqualification.

We have seen some very near misses. YOU HAVE ALL BEEN WARNED!!!

BOLAN LAKE SECTION

IThe stretch of road alongside Bolam lake is VERY potholed and rutted. Mainly on the outward leg. NO head down riding or riding down the middle of the road. Please be vigilant, pick a safe line and be aware of the dangers. A Marshall will be here to remind riders of the poor surface.

WHALTON VILLAGE

Whalton is now a 20mph zone, so please keep warp speed warm ups outside of the this 20 zone to avoid any complaints from the locals. Thank you.

Thanks for your support and participation in our event. An event that would make our Andy proud!

Micky

RIDERS

8	14:08	Phil Green	GS Metro	Male	V50
9	14:09	Tony Horsley	North Tyneside Riders CC	Male	V50
10	14:10	Julian Macbride	Team Kirkley Cycles	Male	Senior
11	14:11	Shaun Brannan	Muckle Cycle Club	Male	Senior
12	14:12	Mark Whaley	Blaydon CC	Male	V40
13	14:13	Micky Mallen	GS Metro	Male	V40
14	14:14	George Johnston	Berwick Wheelers Cycling Club	Male	V40
15	14:15	Nick Stevenson	Wearside Triathlon	Male	V40
16	14:16	Ben Johnston	Berwick Wheelers Cycling Club	Male	Juvenile
17	14:17	Neil Parkin	Derwentside CC	Male	V40
18	14:18	Keith Sibbald	Zeus CRT	Male	V40
19	14:19	Gareth Davies	Barnesbury CC	Male	V50
20	14:20	Danny Grieves	GS Metro	Male	S
21	14:21	David Robinson	Tyneside Vagabonds CC	Male	V50
22	14:22	Paul Richardson	Wearside Triathlon	Male	Senior
23	14:23	Clive Allan	Allen Valley Velo	Male	Senior
24	14:24	Paul Hague	Gosforth RC	Male	V50
25	14:25	Colin Atkinson	Muckle Cycle Club	Male	V50
26	14:26	Paul Findlay	GS Metro	Male	V50
27	14:27	David Symes	Blaydon CC	Male	V40
28	14:28	Stan Allan	GS Metro	Male	V60
29	14:29	Patrick Martin	North Tyneside Riders CC	Male	Senior
30	14:30	Carl Donaldson	GS Metro	Male	Senior
31	14:31	Lee Cuthbertson	Muckle Cycle Club	Male	Senior
32	14:32	Neil Wilkinson	Blaydon CC	Male	V50
33	14:33	David Pritchard	Kennoway Road Club	Male	V60
34	14:34	Daniel Holmes	Derwentside CC	Male	Juvenile
35	14:35	Lewis Wake	Team Kirkley Cycles	Male	Senior
36	14:36	Ian Norris	Blumilk.com	Male	V50
37	14:37	Maurice Harbottle	GS Metro	Male	V60
38	14:38	Ian Gallon	North Tyneside Riders CC	Male	V50
39	14:39	Sarah Wilkinson	Blaydon CC	Female	V40
40	14:40	Graham Crammond	Team Swift	Male	Senior
41	14:41	Simon Clark	GS Metro	Male	V50
42	14:42	Colin Blacklock	Muckle Cycle Club	Male	V50
43	14:43	Joanne Rea	Blaydon CC	Female	Senior
44	14:44	Jen McMahon	Muckle Cycle Club	Female	Senior
45	14:45	Philip Kennell	GS Metro	Male	V50
46	14:46	Chris Beaty	Allen Valley Velo	Male	Senior
47	14:47	Gemma Frost	Team Swift	Female	Senior
48	14:48	Gemma Hutchins	Blaydon CC	Female	V40
49	14:49	Nicola Mccoy	Muckle Cycle Club	Female	V50
50	14:50	Lewis Timmins	Team Swift	Male	Senior
51	14:51	Chris Mather	Derwentside CC	Male	V40
52	14:52	Teri Bayliss	Muckle Cycle Club	Female	V40
53	14:53	David Goodwin	Newcastle Cheviot CC	Male	V50
54	14:54	Phil Cook	MTS Cycle Sport	Male	V40
55	14:55	Shaun Tyson	Ribble Pro Cycling	Male	V40
56	14:56	Peter Herdman	Blaydon CC	Male	V40
57	14:57	Jon Bayley	Reifen Racing	Male	Senior
58	14:58	Jay Pitt	Derwentside CC	Male	Senior
59	14:59	Richard Guy	GS Metro	Male	Senior
60	15:00	Thomas Hutchinson	Team Kirkley Cycles	Male	Senior

Prize List

1st £50 - Donated by Simon Clark (GS Metro)
+ The Andy Mallen Memorial Trophy + One weeks (Mon-Fri) stay at Glamping Yurt/Cabin (Worth £370)
(Courtesy of Full Circle Yurts - Lake District)

2nd £30 + Start Cycles Goody Bag

3rd £15 + Start Cycles Goody Bag

4th Ringtons gift voucher (worth £50)

5th MM Sports Massage voucher (worth £40)

6th Micky Pizza - Meal for 2 (You will need to come to Ambleside! - No expiry date!)

7th Allsports Nutrition bundle (MM Sports Massage)

8th Velo Culture Wallet (worth £25)

9th Allsports Nutrition bundle (MM Sports Massage)

10th Start Cycles Goody Bag

11th Cullercoats Coffee Tea & Cake for Two

12th £10 (courtesy of Padon Contracts - Ian Mackie)

13th Velo Culture Cake Stop Caddy

14th £5

15th £5

Spot Prizes - 23rd-27th-32nd-37th-42nd TBC!!!

Lanterne Rouge Prize from Sharon Dyson

1st Lady (Senior) £50 (Simon Clark - GS Metro) + Velo Culture Wash Bag

2nd Lady (Senior) £20 + Gel Nails Treatment (Forster James)

1st Lady (VET) £20 (Simon Clark - GS Metro) + Velo Culture Purse

2nd Lady (VET) £10 + Start Cycles goody bag

Juvenile 1st £50 Sponsored by Newcastle University Alumni Association

Juvenile 2nd £25 Sponsored by Newcastle University Alumni Association

1st V40 £20

2nd V40 £10

1st V50 £20

2nd V50 £10

1st V60 £20

2nd V60 £10

(ALL Vets prizes for OUTSIDE top 15)

1st Team (3 Riders) £45 Sponsored by Ian Mackie - Padon Contracts Limited

2nd Team £30

3rd Team £15

Standard Bike Event - 1st £30 (Donated by Simon Clark) + Start Fitness Goody Bag

2nd £20

3rd £10

New Course Record - £50 (Donated by Simon Clark)

Tea, Cakes and sandwiches will be available at the finish.

Any donation for that or just donations in general will be donated towards

The Dave Rayner Fund in memory of Andy. This fund was set up to support young riders racing abroad and was set up after the life of UK Pro, Dave Rayner was also tragically cut short at an early age

Andy Mallen



Andy Mallen 1982-2015

The fourth running of the Andy Mallen Memorial Time Trial in memory of my younger brother, Andrew (32) who tragically died in a cycling accident in the Alps July 2015. Andy was a member of GS Metro since its rebirth in 2006 and competed in time trials regularly, with mixed success and fortune! He was a much liked member of the club, liked by everyone and didn't have a bad word to say about a soul. "True Gent" are the words oft used. His claims to cycling fame were notably and amusingly - coming 6th in the Hartside Hill Climb and winning a prize (they got his time VERY wrong) - "Dont worry, they will amend it when results come through the post" I said. They didn't and there his name was in Cycling Weekly!! And lastly - he once 'won' the 'Residents Choice' prize donated by the residents of Eastgate near Prudhoe at our Hill Climb for being 'The happiest looking, smilingest competitor' and it's with such fondness that we remember Andy and this event will continue to keep him in our hearts and thoughts.

I would like to say a massive thanks to all our generous sponsors for todays event and also to all the members and friends of GS Metro for their amazing and unfallible support.

On behalf of myself, Andy's family and all the GS Metro we hope you all have a good race and don't "Do an Andy" and miss your start time or get lost! Good Luck

Micky Mallen

Sponsors



Thanks to Ben Atkinson for the kind donation of a weeks stay
in a Luxury Glamping Yurt or Log Cabin (October-March)

<http://www.lake-district-yurts.co.uk/index.html>



Thanks to Paddy @

Start Cycles - NEWCASTLE 0191 2614191



Thanks to Teri Wishart (Muckle CC) & the Undergraduates of the
Newcastle University Alumni Association



MM SPORTS MASSAGE - Micky Mallen

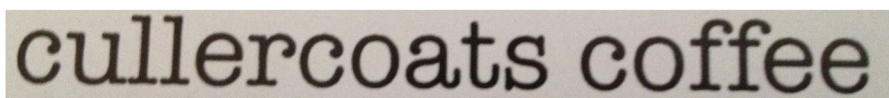


Thanks to Stephen Drysdale @ Ringtons



Thanks to Bev Martin @ Velo Culture - look on Facebook or go to

<http://www.etsy.com/uk/shop/veloculture>



Thanks to Matt @
John Street CULLERCOATS
0191 280 2692



Micky Pizza - Rydal, Lake District



Thank to Michaela at
Forster James

Thanks to - Sharon Dyson - Lanterne Rouge Prize

Finally - A HUGE THANKS to two of our main sponsors

Padon Contracts Ltd - Ian Mackie.

Simon Clark (GS Metro)